

RESEARCH JOURNAL OF HEALTH SCIENCES

Guidelines for authors

1. **Name of Journal:** Research Journal of Health Sciences (RJHS)

Research Journal of Health Sciences is published bi-annually (at six months interval, April and September).

2. **Authorship**

With regard to basic authorship guidelines, the RJHS subscribe to the recommendations of the International Committee of Medical Journal Editors (ICMJE). Guidelines based on those of the ICMJE are as follows. All persons designated as authors should qualify for authorship, and all those who qualify should be listed. Each author should have participated sufficiently in the work to take responsibility for appropriate portions of the content. One or more authors should take responsibility for the integrity of the work as a whole, from inception to published article.

Authorship credit should be based on 1) substantial contributions to conception and design, or acquisition of data, or analysis and interpretation of data; 2) drafting the article or revising it critically for important intellectual content; and 3) final approval of the version to be published. Conditions 1, 2 and 3 must all be met. Acquisition of funding, the collection of data, or general supervision of the research group, by themselves, do not justify authorship.

In the case of publications arising from research conducted by students, and where the student has done the majority of the work, the student will normally be first author. Second authorship is appropriate for the supervisor provided the conditions outlined in the preceding paragraph pertain. Second authorship is not acceptable if the supervisor only provides encouragement, physical facilities, financial support, critiques or editorial contributions.

Authors should be able to provide a description of what each contributed. All others who contributed to the work who are not authors should be named in the Acknowledgements, and what they did should be described.

Authorship of multi-centre studies is attributed to a group. All members of the group who are named as authors should fully meet the above criteria for authorship. Group members who do not meet these criteria should be listed, with their permission in the Acknowledgements.

The order of authorship should be a joint decision of the co-authors. Authors should be prepared to explain the order in which authors are listed.

3. Article arrangement and style. The text file should be arranged below.

Title Page

The title page should contain:

- the full title (bold, lower case, font size 12, Times New Roman), ≤ 20 words
- details of each author: last name and initials, degrees, and affiliation
- corresponding author's e-mail address
- proposed running title

Abstract

- an abstract of 150-250 words which should summarize the objective(s), methodology, major findings and conclusions
- up to three to six keywords

Others

- The next pages should contain the text file divided into: Introduction, Materials and methods, Results, Discussion, Acknowledgements, References, Tables and Figures.

4. Conflict of Interest and Acknowledgments

Conflict of Interest

Authors are required to disclose any potential conflict of interest.

Acknowledgments

Acknowledgments should list brief statements of assistance, financial support, and prior publication of the study in abstract form, if applicable.

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6. Ethics

Authors must indicate ethical conformity with the Helsinki Declaration 1975 (as amended). Studies on human subjects must have been approved by the institution's Ethics Committee. Informed consent of human subjects must be clearly stated in the manuscript. Animal experiments must be in conformity with international norms guided by relevant laws and the guidelines of the Institutional Animal Care and Use Committee (IACUC). The intent to publish in this journal must be supported by all authors and the manuscripts must not have been previously published or being considered for publication by any other journal. The use of trade names is unacceptable for medicinal products.

7. Manuscript Submission process

It is the policy of the RJHS *that* authors must conform to standards of good scientific practice and responsible authorship. All of the authors must accept responsibility for the entire contents of the submitted manuscript, and provide their significant contributions to the work. Submission of a manuscript implies, that the work described has not been published previously; that it is not under consideration for publication elsewhere; that its publication has been approved by all co-authors, if any, as well as by the responsible authorities at the institution(s) where the work has been carried out. All statements and opinions expressed in the manuscripts and published in the journal are strictly those of the author(s) and not necessarily those of the Editor(s) or Publisher. The Publisher disclaims any responsibility or liability for such materials. In addition, the publisher is not liable and do not provide guarantee or endorsement for services or products advertised. The appearance of such advertisements in this journal does not constitute a guarantee or endorsement by the editorial board of the College of Health Sciences of quality or value of any advertised product or service, or the claims made for them by advertisers.

All manuscripts must be submitted in Microsoft Word format preferably electronically as e – mail attachments. All manuscripts for the RJHS should be submitted directly to:

The Editor,
Research Journal of Health Sciences,
Editorial Office, College of Health Sciences,
Osun State University, Osogbo, Nigeria
E-mail: chs.journals@uniosun.edu.ng

8. Formatting guidelines:

The word processing program should be Microsoft Word. The text should be typed using the font Times New Roman, size 12 points, and organized on A4 format (21 x 29.5 cm). Italicize common and standard Latin words, abbreviations or phrases such as «*et al.*», «*e.g.*» or «*in vivo*». Italicize the names of genes (e.g. *Arp1* gene), genera and species.

Tables

Tables must be placed on a separate page, below the list of references. All tables are to be numbered using Arabic numerals. Tables should always be cited in the text in consecutive numerical order. For each table, supply a table caption (title) explaining the components of the table. Place footnotes to tables below the table body and indicate them with superscript lowercase letters. Ensure that the data presented in tables do not duplicate results described elsewhere in the article.

Figures

Figures must be placed in a separate section below tables. Ensure that each figure has a caption. Supply captions in a separate section (not attached to the figure) below the figures. A caption should comprise a brief title (not on the figure itself) and a description of the illustration. Keep text in the illustrations themselves to a minimum however, explain all symbols and abbreviations used.

Colored figures will appear in color on the web regardless of whether or not these illustrations are reproduced in color in the printed version. The author(s) will bear the extra costs involved in producing printed colored figures, if required. For color reproduction in print, author(s) will receive information regarding the costs after manuscripts have been accepted for publication.

Original Articles

Original Articles should be clinical or basic studies. Translational research which adds new information to the aetiology, treatment, and outcomes of health conditions that have not been published previously will be given accelerated editorial processing. Each manuscript should not exceed 3,000 words (excluding tables, figures and references), and not more than 30 references. Not more than 8 figures/tables (in total) are acceptable. A cover letter, title page and abstract is also required.

Case Reports/case series

Case reports should consist of unusual case(s) and a brief review of the literature pertaining to these case(s) that add new information to the health knowledge. These case

reports should be no more than 1,500 words, 15 references, and 4 figures/tables in all. Cover letter, title page and abstract are required.

Review Articles

All review articles are subjected to the same peer-review and editorial processes as Original Articles. The Journal shall not publish not more than one review article per edition except the Editorial team decide otherwise. The text of Review Articles must be limited to 3,500 words, with a maximum of 6 figures and tables (total) and up to 60 references. Cover letter, title page and abstract are required.

Referencing in the text:

1. References must conform to Vancouver style. Journal title should conform to the abbreviation in *index medicus*. Journal articles should be cited in this format: Author's name and initials, title of article, abbreviated name of journal, year of publication, volume (issue) and pages.
2. Books: Mbagwu SM. A pictorial self-instruction manual on skin diseases, Lagos: Longman, 2012.
3. Chapters in Books: Remington JS, McLeod R, Desmonts G. Toxoplasmosis. In: Remington JS, Klein OJ, editors. Infectious disease of the fetus and newborn infant. 4th ed. Philadelphia: WB Saunders Co, 1994; p. 141-267.
4. In-text citation is with standard numbers in brackets, *e.g.*, (1,2). Authors are responsible for completeness and accuracy of all citations. A maximum of six authors should be quoted followed by *et al*. In the list of references, all references in the text are numbered consecutively in the order they appear in the text.

9 Review Process

Peer review process will be in relation to scientific and statistical contents. Manuscripts submitted for publication will be reviewed by at least three referees, active in the relevant field of the submitted manuscript. Authors may be requested to provide names and contact information (e-mail address) of two experts in the field as possible reviewers of their paper. Reviewers should be knowledgeable of the research area and must not have a conflict of interest. Do not list collaborators, colleagues, and researchers at your institution, former advisors or advisees. The editors are however, not bound to use any of the suggested reviewer(s) from the list suggested. Only papers with favourable reports will be accepted for publication. The acceptance of manuscripts for publication is decided by the Editorial Board. When the article is published the corresponding author shall receive the electronic reprint of the article in Adobe's PDF format.

10. Contact Information

Please ensure that contact information such as e-mail addresses and fax numbers, for authors are current to facilitate follow-up regarding manuscripts. The Editor should be promptly notified of any changes in such information.

11. Submission Checklist

- Indicate type of article on title page (e.g. Original Article, Case Report, Review Article, etc)
- Provide complete names, degrees, and contacts / affiliations for all authors
- Designate a corresponding author, with complete mailing and e-mail addresses and telephone +/- fax numbers
- Provide a structured abstract of 150-250 words and 3-6 key words for subject indexing
- Cite references, figures, and tables in recommended formats
- Check all references for completeness and accuracy
- Submit each table on a separate page
- Clearly number figures and indicate orientation. Submit each figure on a separate page
- Identify and provide permission for reuse of any previously published material
- Disclose any potential conflict of interest

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- a) The RJHS does not charge processing fee for submitted manuscripts.
- b) Once manuscripts are ACCEPTED for publication, authors are required to immediately pay a non-refundable publication fee of \$100 or its equivalent. This fee can be paid via Western Union or by Bank Transfer.
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